

Jeff Kreikemeier, M.D.

15480 Clayton Rd. Ste. 230

Ballwin, MO 63021

636.283.0479

POST RX HEALTHCARE SERVICES

1. Single visit/consultation/second opinion: \$209- records, labs, and medications review. Collaborative treatment plan creation. Phone follow-up at 2 weeks.

2. Routine care/follow-up visit: \$140- review and update health history and treatment recommendations. Phone follow-up at 2 weeks.

3. Wellness care plan: \$65/month after initial consultation. Wellness plan includes quarterly visits and enrollment ensures increased access. Highlights include: ongoing data review to include vitamin and nutrient levels as well as inflammatory markers; holistic and longitudinal model that incorporates complementary models of chronic disease management.

Procedures such as colonoscopy and endoscopy may be added as a service in the future but are not available through PostRx Healthcare at this time. Patients who need those exams will be referred for the time being.

PostRx Healthcare maintains relationships with surgeons, internists, and referring physicians in order to facilitate collaborative care.

Additional offerings include educational opportunities via zoom, nutrition counseling, and psychosocial support tools.

Our hope is to improve diet and lifestyle, follow objective markers of disease and health so as to minimize symptoms and improve quality of life.

